

Top 25 Native Pollinator Plants for North Carolina

www.carolinapollinatorgarden.org

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Spring Blooming:

- Wild indigo (*Baptisia* spp.)
- Virginia spiderwort (*Tradescantia virginiana*) – spring-fall
- Purple coneflower (*Echinacea purpurea*) - late spring-summer
- Stoke’s aster (*Stokesia laevis* ‘Peachie’s Pick’) - late spring-summer
- Lanceleaf blanketflower (*Gaillardia aestivalis*) – spring-fall
- Bee balm (*Monarda* spp.) - late spring-summer
- Foxglove beardtongue (*Penstemon digitalis*) – spring-summer
- Golden Alexander (*Zizia aurea*)

Summer Blooming:

- Milkweeds (*Asclepias tuberosa*, *A. incarnata*, and other species)
- New Jersey tea (*Ceanothus americanus*)
- St. John’s wort (*Hypericum frondosum*)
- Great blue lobelia (*Lobelia siphilitica*)
- Blazing star (*Liatris spicata*)
- Rattlesnake master (*Eryngium yuccifolium*)
- Mountain mint (*Pycnanthemum* spp.)
- Buttonbush (*Cephalanthus occidentalis*)

- Blue vervain (*Verbena hastata*)
- Culver’s root (*Veronicastrum virginicum*)

Fall Blooming:

- Spotted horsemint (*Monarda punctata*)
- Asters (*Symphyotricum* spp.)
- Climbing aster (*Ampelaster carolinianus*)
- Joe-pye weed (*Eupatorium dubium*)
- Boneset (*Eupatorium perfoliatum*)
- Goldenrod (*Solidago* spp.)
- New York ironweed (*Vernonia noveboracensis*)

Websites & Social Media:

- Pollinator Paradise Garden: carolinapollinatorgarden.org
- Growing Small Farms Website: www.growingsmallfarms.org
- Facebook: www.facebook.com/debbie.roos.nc
- Twitter: @GrowSmallFarms
- Instagram: Debbie.Roos

OVER FOR PLANT & SEED SUPPLIERS

NATIVE PLANT & SEED SUPPLIERS:

Applewood Seed Co.

303-431-7333; Arvada, CO

<http://www.applewoodseed.com>

flower, herb, and grass seeds for wildflower meadows

Big Bloomers Flower Farm

Sanford, NC; 919-776-6597

<http://www.bigbloomersflowerfarm.com>

retail nursery with a wide assortment of perennials, shrubs, herbs, and annuals

Country Farm & Home

Pittsboro, NC; 919-542-3353

<https://chathamfarmsupply.com/>

distributor for native plants from Mellow Marsh Farm

Cure Nursery

Pittsboro, NC; 919-542-6186

<http://www.curenursery.com>

container grown native trees, shrubs, and perennials; wholesale, retail by appointment only

Ernst Conservation Seeds

Meadville, PA; 800-873-3321

<http://www.ernstseed.com>

native pollinator seed mixes

Growing Wild Nursery

Siler City, NC; 919-200-2677

<http://www.growingwildnursery.com>

on-line nursery selling native perennials

Mellow Marsh Farm

Siler City, NC; 919-742-1200

<http://www.mellowmarshfarm.com>

container grown native plants and pollinator seed mix; wholesale, retail by appointment only

Niche Gardens

Chapel Hill, NC; 919-967-0078

<http://www.nichegardens.com>

retail nursery with container grown perennials, trees, shrubs, and vines; they ship nationally

North Carolina Botanical Garden

Chapel Hill, NC; 919-962-0522

<http://ncbg.unc.edu>

native perennials, trees, shrubs, vines, and grasses

Roundstone Native Seed

Upton, KY; 270-531-2353

<http://roundstoneseed.com>

native pollinator seed mixes