

Top 25 Perennial Pollinator Plants for North Carolina Piedmont

Spring Blooming:

- Wild indigo (*Baptisia* spp.)
- Spiderwort (*Tradescantia* spp.) – spring-summer
- Purple coneflower (*Echinacea purpurea*) - blooms late spring-summer
- Stoke's aster (*Stokesia laevis* 'Peachie's Pick') - blooms late spring-summer
- Lanceleaf blanketflower (*Gaillardia aestivalis*) – blooms spring-fall
- Bee balm (*Monarda* spp.) - blooms late spring-summer
- Catmint (*Nepeta faassenii* 'Walker's Low') – blooms spring-fall
- Beardtongue (*Penstemon* spp.) – spring-summer
- Golden Alexander (*Zizia aurea*)

Summer Blooming:

- Milkweeds (*Asclepias tuberosa*, *A. incarnata*, and other species)
- Ornamental oregano (*Origanum laevigatum*)
- Passionflower (*Passiflora incarnata*)
- Anise hyssop (*Agastache* x 'Blue Fortune')
- Blazing star (*Liatris spicata* and other species)
- Mountain mint (*Pycnanthemum virginianum* and other species)
- Lesser calamint (*Calamintha nepeta*)
- Stonecrop (*Sedum* spp.)
- Sneezeweed (*Helenium* spp.)
- Culver's root (*Veronicastrum virginicum*)

Fall Blooming:

- Spotted horsemint (*Monarda punctata*)
- Asters (*Symphyotricum* spp.)
- Climbing aster (*Ampelaster carolinianus*)
- Joe-pye weed (*Eupatorium dubium* and other species)
- Goldenrod (*Solidago* spp.)
- Ironweed (*Vernonia lettermanii* and *V. noveboracensis*)

Some Favorite Shrubs:

- Sweet pepperbush (*Clethra alnifolia*)
- New Jersey tea (*Ceanothus americanus*)
- St. John's wort (*Hypericum frondosum*)
- Buttonbush (*Cephalanthus occidentalis*)
- Eastern ninebark (*Physocarpus opulifolius*)
- Oakleaf hydrangea (*Hydrangea quercifolia*)
- Inkberry/gallberry (*Ilex glabra*)

Websites & Social Media:

- Pollinator Paradise Garden:
<http://go.ncsu.edu/pollinator-garden>
- Growing Small Farms Website:
www.growingsmallfarms.org
- Facebook: www.facebook.com/debbie.roos.nc
- Twitter: @GrowSmallFarms
- Instagram: Debbie.Roos