

# Top 25 Bee Plants for the NC Piedmont

Compiled by Debbie Roos, NC Cooperative Extension

## Spring Blooming:

Wild indigo (*Baptisia* spp.)

Spiderwort (*Tradescantia* spp.) – spring-summer

Purple coneflower (*Echinacea purpurea*) - blooms late spring-summer

Stoke's aster (*Stokesia laevis* 'Peachie's Pick') - blooms late spring-summer

Lanceleaf blanketflower (*Gaillardia aestivalis*) – blooms spring-fall

Bee balm (*Monarda* spp.) - blooms late spring-summer

Catmint (*Nepeta faassenii* 'Walker's Low') – blooms spring-fall

Beardtongue (*Penstemon* spp.) – spring-summer

Golden Alexander (*Zizia aurea*)

## Summer Blooming:

Milkweeds (*Asclepias tuberosa* and *A. incarnata*)

Ornamental oregano (*Origanum laevigatum*)

Passionflower (*Passiflora incarnata*)

Anise hyssop (*Agastache* x 'Blue Fortune')

Blazing star (*Liatris spicata* and other species)

Mountain mint (*Pycnanthemum virginianum* and other species)

Lesser calamint (*Calamintha nepeta*)

Stonecrop (*Sedum* x "Autumn Joy")

Sneezeweed (*Helenium* spp.)

Culver's root (*Veronicastrum virginicum*)

**Fall Blooming:**

Spotted horsemint (*Monarda punctata*)

Asters (*Symphyotricum* spp.)

Climbing aster (*Ampelaster carolinianus*)

Joe-pye weed (*Eupatorium dubium* and other species)

Goldenrod (*Solidago* spp.)

Ironweed (*Vernonia lettermanii* and *V. noveboracensis*)